## **DOLLAR COFFEE CLUB**





### What is **ActiveBlendz Superior Fiber+**?

Flavor-bursting sweet peaches and exotic mangos are paired to perfection in a delicious fiber drink mix that does so much more than get and keep your digestive tract moving. This is precision-blended fruits and botanicals that help fill you up, keep you satisfied AND optimize your health every day.\*

## Is there any caffeine in **ActiveBlendz Superior Fiber+**?

No ActiveBlendz Superior Fiber+ is 100% caffeine free so it can be enjoyed anytime of day.

### What are the ingredients in Javita's **ActiveBlendz Superior Fiber+**?

AB Phyto Blend (Soluble Corn Fiber) Fructooligosaccharides and Plant Sterol Esters) Citric Acid, Natural Flavors, Stevia, Guar Gum, Beet Powder (Color) and Beta Carotene (Color).

### What is the AB Phyto Blend?

The AB (ActiveBlends) Phyto (Latin for plant) blend is a mix of botanicals that help provide the weight loss, appetite suppressive, heart-healthy benefits and more.

#### What is soluble corn fiber?

It is a low viscosity soluble dietary fiber that clinical research has indicated helps support or maintain intestinal regularity. It has been recognized as GRAS (generally recognized as safe) by the Food and Drug Administration and certified Kosher and Pareve by the Orthodox Union.

### What are fructooligosaccharides?

Fructooligosaccharides (FOS) are short and medium chain sugar molecules that your body cannot digest (insoluble fibers). FOS passes through your stomach and into your intestines where beneficial bacteria (also known as probiotics) and yeast feed on them. There, they help you digest food, cleanse your system, and enhance your immunity.

### What are plant sterols?

Plant sterols and stanols are substances that occur naturally in small amounts in many grains, vegetables, fruits, legumes, nuts, and seeds. Since they have powerful cholesterol-lowering properties, manufacturers have started adding them to foods.

### What are they included?

Even the Food & Drug Administration (FDA) recognizes the overwhelming evidence of plant sterol health benefits, allowing products that include .65 g per serving of plant sterols to feature the following health claim: "Foods containing at least 0.65 g per serving of plant

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sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 g, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease."

## How much plant sterols are included in **ActiveBlendz Superior Fiber+**?

Javita's ActiveBlends Fiber+ delivers .75 g of plant sterols per serving, consumed twice daily it provides 1.5 g of plant sterols to aid your daily wellness, heart-healthy endeavors.

#### What is citric acid?

Citric acid is a natural preservative derived from fruits. It's been awarded GRAS status—meaning it is generally regarded as safe. It has been included to help provide flavor balance.

## What are the natural flavors used in **ActiveBlendz Superior Fiber+**?

The natural flavors in **ActiveBlendz Superior Fiber+** are derived from a proprietary blend of extracts and fruits. Individual ingredients are considered trade secrets and not not disclosed.

#### What is stevia leaf extract?

Stevia leaf extract is born from the sweet leaves of the stevia plant, which is a member of the chrysanthemum family and is native to South America. To extract the plant's intense natural sweetness, stevia leaves are harvested and dried. The leaves are then steeped in hot water. The resulting liquid extract is filtered, purified and dried, resulting in the crystalized stevia leaf extract.

## Why is guar gum included in **ActiveBlendz Superior Fiber+**?

It's a naturally derived thickening agent that helps bind the ingredients together so they don't separate.

Why is beet powder and beta carotene included in **ActiveBlendz Superior Fiber+**? Beet powder is paired with plant derived beta carotene to supply the robust color.

What benefits might be observed from drinking **ActiveBlendz Superior Fiber+**? ActiveBlends Fiber+ is believed to help provide a feeling of fullness or satiety, promote cardiovascular health, minimize absorption of (bad) cholesterol, helps maintain HDL (good) cholesterol or triglycerides and stabilize healthy blood sugar (glucose) levels.\*

Where is **ActiveBlendz Superior Fiber+** manufactured? All our products are manufactured in the USA.

### Is **ActiveBlendz Superior Fiber+** gluten free?

Yes, Fiber+ is gluten, calorie and sugar free.

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ActiveBlendz® Superior Fiber+ Fruit Fusion (FAQs)

## How is it packaged?

Javita's ActiveBlendz Superior Fiber+ is packaged in a food-grade resealable bulk pack bag. There are 24 servings in each bag.

### What is the shelf life of the products?

Since the product is individually packaged, you should expect each stick pack to preserve its taste and freshness for two years.

### How should it be prepared?

For the perfect cup of **Fiber+**, mix one scoop with 10-12 oz of ice-cold water and stir. For maximum benefits, enjoy twice daily, 30 minutes before your two biggest meals.

### Is it safe to consume more than one packet a day?

Yes. Please feel free to consume **ActiveBlendz Superior Fiber+** the same way you currently consume your favorite fruit drink.

## How much does it cost?

The cost of **ActiveBlendz Superior Fiber+** varies based on whether the person making the purchase is a DCC Affiliate, Club Member or Preferred Club Customer.

# Where do I find more information on **ActiveBlendz Superior Fiber+**?

For product testimonials, club product profiles, scientific white papers and more, you can visit our blog at dcclife.com.

### How do I contact the DCC?

The Dollar Coffee Club Member / Affiliate Services can be reach (Monday-Friday 9am to 6pm EST) toll free at 1-855-528-4821 or via email at support@javitamail.com.