



DARE TO COMPARE: AB Defend Vs. Emergen-C

DRINK THIS...

ActiveBlendz Defend

- ALL NATURAL formula
- Only 5 calories a serving
- No artificial colors or flavors
- No artificial sweeteners
- No sugar (*plant-based stevia*)
- No caffeine (*perfect any time of day*)
- Proven immune-supportive ingredients (*for patented medicinal mushroom blend*)
- Ayurvedic elderberry (*for respiratory health*)
- Individually packaged (*for freshness and convenience*)
- Great for the whole family!



NOT THAT...

Emergen-C Raspberry

- Questionable sweeteners
- 35 calories
- 5 grams of sugar (*fructose, sucrose and dried cane sugar*)
- 8 carbs
- Includes synthetic vitamins (*difficult to absorb*)
- Low levels of most ingredients.

