FocusFusion Cocoa (FAQs)



What is **FocusFusion Cocoa**?

The perfect fusion of science and Mother Nature, Javita's **FocusFusion Cocoa** blends brain-supportive herbs with decadent European chocolate to bring to market the most satisfying, healthy cocoa the world has ever seen.*

What benefits might I observe from drinking FocusFusion Cocoa?

The benefits may include: improved focus, increased attention, increased memory and concentration, reduced stress and anxiety, and balanced mood.*

How many servings are in a bog of **FocusFusion Cocoa**? There are 24 servings in bag.

What are the ingredients in Javita's FocusFusion Cocoa?

Natural Cane Sugar, Corn Syrup Solids (non-GMO–not genetically modified), Coconut Creamer, Cocoa Powder, Non-Fat Dry Milk, Guar Gum, Gotu Kola (Leaf) Extract, Bacopa Monnieri (Leaf) Extract, Natural Flavors and Sodium Chloride.

In terms of calories, how does **FocusFusion Cocoa** compare with other cocoa on the market? **FocusFusion Cocoa** has 110 calories, while most National Retail brands, average 140 to 170+ calories per serving.

How much sugar is in **FocusFusion Cocoa**?

There are 10 grams of sugar. This appears to be on the lower end of the scale with National Retail brands ranging 12 to 26 grams of sugar per serving.

How many carbs are in **FocusFusion Cocoa**?

There are 20 grams of carbs. Like sugar, **FocusFusion Cocoa's** carbohydrate content is much lower than National Retail brands, which average 24 grams per serving. The carbs in **FocusFusion Cocoa** are coming from the natural cane sugar, non-fat dry milk, cocoa and the natural flavor blend.

What are Corn Syrup Solids and why are they included in **FocusFusion Cocoa**? Corn syrup solids are naturally derived from non-GMO corn, and have been awarded GRAS status (generally regarded as safe) by the FDA. They have been included in the cocoa to enhance the creamy mouth feel, improve the flavor and prevent crystallization of the sugar.

Why is coconut creamer and non-fat dry milk included in **FocusFusion Cocoa**? Naturally derived, they are integral to the creamy, delicious texture and flavor of the cocoa.





What is guar gum and why is it included in **FocusFusion Cocoa**?

Naturally derived from guar beans, guar gum is used as a thickening agent as well as an emulsion stabilizer helping to keep the cocoa blended once mixed.

Is **FocusFusion Cocoa** gluten free? What does gluten-free mean?

Yes, FocusFusion Cocoa is gluten free. To be considered gluten-free a product cannot contain gluten grains wheat, barley and rye, or crossbreeds of these grains, such as spelt or Einkorn wheat. A gluten-free diet is used to treat celiac disease. Gluten causes inflammation in the small intestines of people with celiac disease.

Is FocusFusion Cocoa lactose free?

FocusFusion Cocoa is not lactose free as the Non Fat Dry Milk powder we use includes lactose, milk proteins and milk minerals in the same relative proportions as they occur in fresh milk.

What are the "other natural flavors" included in the natural flavor blend featured in **FocusFusion Cocoa**?

These ingredients are a part of a proprietary, natural blend and therefore not disclosed.

How much of **FocusFusion Cocoa** is made up of the herbs?

The herbs Bacopa Monnieri leaf extract and Gotu Kola leaf extract account for 400 mg of the finished product. Since the blend is proprietary, we do not disclose the individual amount of the ingredients.

Why is bacopa monnieri used in FocusFusion Cocoa?

Bacopa Monnieri has been used throughout history for brain support. Not only is it believed to improve higher-order cognitive processes, such as learning and memory, it has also been shown to improve motor learning, acquisition and retention.

Why is gotu kola used in Javita's FocusFusion Cocoa?

Gotu Kola is an herb used to rejuvenate the brain and is believed to combat stress and depression. It is thought to help the functions of the nervous system and increase brain function as well as strengthen memory, concentration and intelligence.

Are the herbs in **FocusFusion Cocoa** the same as in **energy+mind**?

Yes and no. **FocusFusion Cocoa** does include the same brain-supportive ingredients Bacopa Monnieri and Gotu Kola. It does not include Green Tea, which was featured as the primary "energy" ingredient infused with the coffee blend in **energy+mind**.





Why are these herbs (bacopa monnieri and gotu kola) now being featured in **FocusFusion Cocoa**?

Introducing these brain-supportive herbs in a cocoa product opens a whole new demographic for us. Not to mention, some people (especially the parents of young kids) prefer a caffeine-free option. It's also important to note there is a strong correlation between chocolate and brain health. It is believed pairing the herbs with a high quality cocoa like the one featured in **FocusFusion Cocoa** will have a synergistic effect.

How much caffeine is in FocusFusion Cocoa?

FocusFusion Cocoa contains less than 3 mg of caffeine.

What makes the cocoa featured in **FocusFusion Cocoa** unique?

We start with the finest cocoa beans Europe has to offer—hand picked and slow roasted in their shells to preserve their delicate flavors, aromas and subtleties. With the roasting complete, the shells are removed and the kernels are finely ground and paired with all natural flavorants and sweeteners to complement the decadence of the one-of-a-kind European chocolate.

What are some of the benefits of drinking cocoa?

One study, published in the August 2013 issue of *Neurology* reported that, "Drinking two cups of hot chocolate a day may help people keep their brains healthy and their thinking skills sharp." Drinking hot chocolate appears especially helpful for those with impaired blood flow to the brain–experiencing a 30% bump in memory and thinking abilities, along with an 8.3% improvement in blood flow to the working areas of the brain.

Another study, performed by the University of Nottingham, observed that consumption of an antioxidant-rich chocolate drink (like cocoa), helped boost blood flow to key areas of the brain. In fact, increased blood flow to these areas may help to improve performance in specific tasks and boost general alertness over a short period.

Where are the products manufactured? All our products are manufactured in the USA.

How should it be prepared?

For the perfect cup of **FocusFusion Cocoa**, mix one scoop with 8-10 oz of hot or cold milk or water and stir. (For optimal creaminess use milk.) You can also mix with your protein shake or into your favorite Javita coffee blend for a tasty alternative.





Is it safe to consume more than one serving of cocoa a day?

Yes. Please feel free to consume Javita's **FocusFusion Cocoa** the same way you currently consume hot chocolate or chocolate milk.

How much does it cost?

The cost of **FocusFusion Cocoa** tea varies based on whether the person making the purchase is a DCC Affiliate, Club Member or Preferred Club Customer.

Where do I find more information on **FocusFusion Cocoa**?

For product testimonials, club product profiles, scientific white papers and more, you can visit our blog at dcclife.com.

How do I contact the DCC?

The Dollar Coffee Club Member / Affiliate Services can be reach (Monday-Friday 9am to 6pm EST) toll free at 1-855-528-4821 or via email at support@javitamail.com.